

LEWISBORO SENIOR ADULTS NEWSLETTER – JANUARY 2013

PRESIDENT: RAMONA PFAU
VICE PRES: DAVID HIRSCH
PAST PRES: JEAN McGRATH

TREASURER: LAURIE WIEGAND
SECRETARY: JOAN ZURELL
MEMBER: MURIEL DeLORIO

MEMBER: JOYCE NICOLETTI
MEMBER: TERRY VNUCZENSKI

IMPORTANT PHONE NUMBERS

SR. ADULT DIRECTOR, PAM VEITH 232-6162
WEDNESDAY MEETINGS FROM 10:00AM TO 3:00PM 763-6908
MEDICARE RIGHTS HOTLINE 800-333-4114

WHITE BUS DRIVER - LAURIE WIEGAND - 232-6162
REC. LEADER SENIORS – LINDA YURUS 232-6167
WESTCHESTER COUNTY SENIORS 914-813-6300

In the event of inclement weather, programs will be canceled. Please call the Parks and Recreation Department's Hot Line 232-6166 for cancellation information.

JANUARY - MONTH OF: 1ST – NEW YEARS DAY; 21ST – MARTIN LUTHER KING DAY

SENIOR CITIZEN WHITE BUS SCHEDULE

CALL THE RECREATION OFFICE AT 232-6162 TO HAVE A REGISTRATION PACKET SENT TO YOU FOR WHITE BUS ACTIVITIES. **YOU MUST BE A TOWN RESIDENT TO RIDE THE WHITE BUS.** FOR THOSE WHO ARE REGISTERED CALL THE DAY BEFORE TO SIGN UP FOR THE BUS. THE WHITE BUS LEAVES THE RECREATION OFFICE FOR ALL TRIPS AT 9:00 AM AND RETURNS BY 4:00 PM. **A \$2.00 DONATION IS SUGGESTED FOR EACH TRIP TO OFFSET THE COST OF FUEL.** YOU MUST HAVE YOUR **RED FILE OF LIFE CARD** WITH YOU; THIS IS FOR YOUR BENEFIT. (IF YOU ARE A REGULAR RIDER YOU ARE ALREADY ON THE LIST).

TUESDAY - WHITE BUS TRIPS

JAN.,	1 ST	NO BUS - HOLIDAY	JAN.,	15 TH	WALMART – MOHEGAN DINER – A & P
JAN.,	8 TH	RIDGEFIELD, KOHL'S – PIZZA – STOP & SHOP	JAN.,	22 ND	DANBURY MALL – LUNCH – EXPECT'S
			JAN.,	29 TH	YORKTOWN - K-MART – DINER – TURCO'S

THE WHITE BUS WILL PICK UP AND BRING HOME THOSE SENIORS WHO REQUIRE A RIDE TO THE SENIOR ADULT MEETING EACH WEDNESDAY. PLEASE BRING YOUR LUNCH.

HAPPY BIRTHDAY

JAN. 1 ST	MARJORIE WISSMAN	JAN. 20 TH	LAUREL CERCIELLO
JAN. 3 RD	BR. RICHARD LORINO	JAN. 28 TH	MURIEL REGULA
JAN. 13 TH	HANK MARTINI	JAN. 31 ST	JANE CORNELIO
JAN. 20 TH	SID LIEBERMAN		

**IF WE MISSED YOUR BIRTHDAY – PLEASE LET PAM VEITH KNOW SO IT WON'T HAPPEN AGAIN.
CLEAN UP COMMITTEE**

WED., JAN. 2 ND	DON TAYLOR,	PAM VEITH,	LINDA MEAD
WED., JAN. 9 TH	MARIE WILLIAMS,	MARY LaTRONICA,	RAMONA PFAU
WED., JAN. 16 TH	MURIEL DeLORIO,	DIANA FOLK,	JEAN McGRATH
*WED., JAN. 23 RD	ILSE WIRTH,	NANCY PALMIOTTO,	DAVID HIRSCH
WED., JAN. 30 TH	MADIE GILOTH,	JANE CORNELIO,	RUDY CORNELIO
WED., FEB. 2 ND	BARBARA UGHETTA,	CHARLOTTE VAUGHN,	INGRID MIHAILOVIC

CLEAN UP COMMITTEE - PLEASE FIND A SUBSTITUTE IF YOU CAN'T MAKE YOUR DAY. You will trade dates with this person and when their name comes up you will fill in for them. If the program is canceled – so are clean up duties – we'll get you the next time. **DUTIES ARE: Bring towels to dry, CLEAN COFFEE POTS AND SILVERWARE AND PUT AWAY. MAKE SURE ALL GARBAGE IS THROWN AWAY. BRING YOUR OWN TOWELS TO DRY. TERRI VNUCZENSKI WILL GIVE YOU A REMINDER CALL.**

*****VERY IMPORTANT THAT YOU READ BELOW*****

* THE WEEK WITH THE * IS A BUSINESS MEETING WEEK, THAT WAS VOTED ON TO BE THE WEEK THE HOST AND HOSTESS WILL PROVIDE A SNACK AT THE MEETING, **YOU WILL BE REIMBURSED BY THE TREASURER SO PLEASE HAVE YOUR RECEIPT WITH YOU.** IF YOUR NAME IS IN THAT ROW PLEASE PROVIDE ENOUGH FOR 15 TO 20 PEOPLE. OTHER WISE YOU ARE JUST ON CLEAN UP. THANK YOU.

Anyone wishing to reserve a Wednesday refreshment time to celebrate a birthday, anniversary or special occasion, you should set the date with Pam Veith, the Senior Adult Director, and provide for 60 plus people. The date will be in the newsletter. Six weeks notice needed to reserve a date.

BETTY'S 10:00 AM HELPERS

1 ST WEDNESDAY	SUSAN BEISHEIM	4 TH WEDNESDAY	CONNIE BOBLETZ
2 ND WEDNESDAY	JANE & RUDY CORNELIO	5 TH WEDNESDAY	SUSAN BEISHEIM
3 RD WEDNESDAY	TERRY VNUCZENSKI		

**Helper's buy 2 half gallons of milk and help Betty set up for coffee at 10:00 AM
You will be reimbursed by the treasurer for milk PLEASE HAVE YOUR RECEIPT.**

SENIOR ADULT MEETINGS SCHEDULED FOR JANUARY 2013
10:00 AM EACH WEDNESDAY – COME PLAY CARDS OR GAMES – BRING LUNCH
YEARLY MEMBERSHIP DUES ARE \$10.00

Lewisboro Senior Adults meet at the South Salem Firehouse from 10:00 AM to 3:00 PM each Wednesday. Park and enter building from the upper level. We will meet at the firehouse until further notice. When entering or leaving the firehouse property always be aware of any fire activity either entering or leaving the premises. In case of bad weather we will cancel that day. Call 232-6166 for information if you are in doubt. **We welcome all who are 50 plus (AARP eligible).**

PLEASE NOTE: FOR ALL PROGRAMS REQUIRING A RESERVATION YOU MUST RESERVE A SPOT AND PAY FOR IT BY THE SIGN UP DATE. THIS WOULD BE FOR ALL TRIPS AND LUNCHEONS.

WED., JAN., 2 ND	11:30 – 12:45 12:45 PM 1:00 PM	VISITING NURSE FOR BLOOD PRESSURE AND SUGAR SCREENING. NO SIGN – UPS AFTER 12:30 PM EXERCISE MEDICARE UPDATES WITH FLO BRODLEY	12:50 PM ANNOUNCEMENTS
WED., JAN., 9 TH	11:00 AM 12:45 PM 1:00 PM	EXECUTIVE BOARD MEETING EXERCISE ENERGIZE LEWISBORO – FLO BRODLEY WILL GIVE A SHORT PRESENTATION ABOUT HOW LOCAL HOMEOWNERS CAN TAKE ADVANTAGE OF NYS INCENTIVES AND INCOME-QUALIFIED SUBSIDIES* FOR ENERGY EFFICIENT IMPROVEMENTS TO YOUR HOME. THESE UPGRADES WILL INCREASE THE COMFORT OF YOUR HOME BY: EVENLY HEATING AND COOLING THE LIVING SPACES; SAVING ENERGY (AND MONEY); AND HELPING WITH THE MAINTENANCE OF YOUR HOME. THIS PROGRAM IS ENDORSED BY THE TOWN OF LEWISBORO AND HAS A LOCAL OVERSIGHT COMMITTEE THAT HAVE SELECTED A GROUP OF CERTIFIED CONTRACTORS THAT THEY HAVE REVIEWED AND APPROVED. FLO HAS FIRST-HAND EXPERIENCE WITH THIS PROGRAM AND CAN ANSWER QUESTIONS FROM PERSONAL PARTICIPATION WITH ENERGIZE LEWISBORO. WWW.ENERGIZELEWISBORO.ORG . * THE INCENTIVES AND SUBSIDIES ARE AVAILABLE UNTIL MARCH 2013.	12:50 PM ANNOUNCEMENTS
WED., JAN., 16 TH	12:45 PM 11:00 AM 1:00 PM	EXERCISE BOOK CLUB MEETS. WE WILL BE DISCUSSING “RULES OF CIVILITY” BY AMOR TOWLES. IF YOU ARE INTERESTED IN JOINING CALL PAM VEITH AT 232-6162 OR CINDY RUBINO AT THE LEWISBORO LIBRARY. BINGO AND GAMES	12:50 PM ANNOUNCEMENTS
WED., JAN., 23 RD	12:30 PM	BUSINESS MEETING REMEMBER TO BRING FOOD FOR THE FOOD PANTRY IN KATONAH AND FOR THE ANMIMAL SHELTER IN PUTNAM.	
WED., JAN., 30 TH	12:45 PM 1:00 PM	EXERCISE PAUL SUTERA, DDS & KUNAL SAGGAR, DDS – ORAL HEALTH UPDATE.	12:50 PM ANNOUNCEMENTS

DATES TO REMEMBER

ALL DONATING MEMBERS, (PEOPLE WHO HAVE PAID DUES), WILL PAY THE SPECIFIED FEE FOR ANY EVENT AND HAVE PREFERENCE ON ALL TRIPS. NON-DONATING MEMBERS AND GUESTS WILL BE PUT ON A WAITING LIST AND WILL BE OFFERED VACANT SEATS IN ORDER OF SIGN UP AND WILL PAY THE NON-MEMBER FEE. AN ADDITIONAL FEE WILL BE CHARGED FOR OUT OF TOWN RESIDENTS. ANY PERSON WHO NEEDS A WALKER, CRUTCHES OR WHEELCHAIR MUST HAVE A COMPANION WITH THEM ON ALL BUS TRIPS WHO WILL STAY WITH THEM AT ALL TIMES DURING THE TRIP. DRIVER TIP INCLUDED IN ALL TRIP COSTS. THERE IS A NO REFUND POLICY AFTER TICKETS HAVE BEEN PURCHASED OR RESERVATION MADE FOR A TRIP.

There is a large supply of the **File of Life** available through this senior group. They are a worthwhile emergency file that attaches to your refrigerator. The small Red Medical data file should be on your person at all times, and **must** be shown before boarding the bus **for any trip**. This **File of Life** is for your protection in the event of an emergency. Don't take its importance lightly. Call Pam Veith, Sr. Adult Director at 232-6162 if you have any questions.

THE TOWN OF LEWISBORO
 PARKS AND RECREATION DEPT.
 65 OLD BEDFORD ROAD
 GOLDENS BRIDGE, NY 10526
 RETURN SERVICE REQUESTED

PRSRRT STD
 U.S.
 POSTAGE PAID
 WHITE PLAINS, NY
 PERMIT NO. 9001