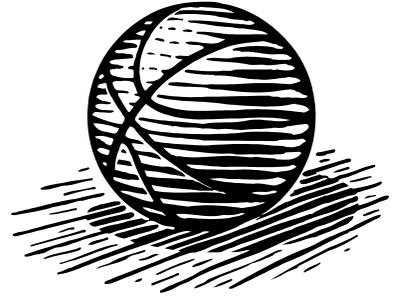


# LEWISBORO RECREATION

## 2016-2017 JUNIOR GIRLS GIRLS - GRADES 3 & 4

### BASKETBALL LEAGUE



TEAM #	COACH	TELEPHONE #	COLOR
1.	Jerry Nesheiwat	533-7505	Red
2.	Nancy Schembri	533-7264	Royal Blue
3.	Leah Jacobson	234-7343	Purple
4.	Rich Ellrodt	533-7027	Lt. Blue

**PICTURE DAY IS SATURDAY, JANUARY 28<sup>th</sup>!!!**

More information will become available through your child's coach.

**RECREATION OFFICE: 232-6162**

#### **PROGRAM INFORMATION:**

For inclement weather, check our website: [www.Lewisborogov.com](http://www.Lewisborogov.com) or find us on Facebook: Lewisboro Parks and Recreation for updates as well.

***PLEASE GO TO OUR WEBSITE AND SUBSCRIBE TO THE EMAIL BLAST – YOU WILL GET AN EMAIL REGARDING CANCELLATIONS FOR PRACTICES AND GAMES***

**PLEASE NOTE:** All games will be held at either Meadow Pond (MP) or Increase Miller (IM) school gyms.

\*\*\*\*The Lewisboro Parks and Recreation Department **reserves the right to make changes** to the schedule as needed \*\*\*\*



<b>DATE</b>	<b>TIME</b>	<b>GYM</b>	<b>TEAMS</b>
Saturday, December 17 <sup>th</sup>	9:00 AM 10:00 AM	Meadow Pond Meadow Pond	1 vs. 4 3 vs. 2
Saturday, January 7 <sup>th</sup>	10:30 AM 11:30 AM	Increase Miller Increase Miller	1 vs. 2 3 vs. 4
Saturday, January 14 <sup>th</sup>	9:00 AM 10:00 AM	Meadow Pond Meadow Pond	2 vs. 4 1 vs. 3
Saturday, January 21 <sup>st</sup>	9:00 AM 10:00 AM	Meadow Pond Meadow Pond	4 vs. 1 2 vs. 3
Saturday, January 28 <sup>th</sup>	11:30 AM 12:30 PM	Increase Miller Increase Miller	1 vs. 2 3 vs. 4
Saturday, February 4 <sup>th</sup>	11:30 AM 12:30 PM	Increase Miller Increase Miller	1 vs. 3 4 vs. 2
Saturday, February 11 <sup>th</sup>	9:00 AM 10:00 AM	Meadow Pond Meadow Pond	4 vs. 1 3 vs. 2
Saturday, February 18 <sup>th</sup>	10:30 AM 11:30 AM	Increase Miller Increase Miller	2 vs. 1 3 vs. 4
Saturday, February 25 <sup>th</sup>	9:00 AM 10:00 AM	Meadow Pond Meadow Pond	4 vs. 2 1 vs. 3

### Junior Girls Division

We follow NCAA rules except for the following local rules

1. Standings **will not** be kept in this division. There are no playoffs in this division. Participation awards will be presented to all players in the Junior Division.
2. All games will be played at either Meadow Pond or Increase Miller Elementary School Gyms.
3. Ten (10) foot rims and backboards will be used for all games.
4. When schools are closed due to inclement weather, no practices or games will be held. Cancellation information will be available on our website, [www.lewisborogov.com](http://www.lewisborogov.com), as well as our Facebook page: Lewisboro Parks and Recreation
5. Practices: All teams are scheduled for one – one hour practice session per week. Teams are not to extend practice past the hour practice time period or schedule additional practices at alternate sites.
6. Players are required to play at least 2 quarters per games – (which is four –5 minute blocks and at least two blocks in each half), for a minimum of 20 minutes per game.
7. Should a player come late into the game – possibly during the 2nd quarter of the half – the player still has to play the minimum per half which is 2 five minute periods.
8. **Ten Point Rule-** Score will not be kept when a team reaches a ten-point lead. Score will resume when the score differential is ten points or less.
9. Players who sustain an injury where bleeding occurs must be removed from the game immediately. Once the players' injury is taken care of and the bleeding stopped/controlled, the player may re-enter the game. If any blood is on the player's shirt, the shirt must be removed and exchanged for another shirt. It does not have to be the same color or have a number on it.
10. Game time is 40 minutes running time except the last minute of the game. The clock will stop at the 5 minute mark of each quarter for substitutions. Play will stop after an official stoppage of play. Each quarter is ten minutes.
11. Time outs- 2 per game at 1 minute each.
12. Time breaks – 1 minute between quarters and 3 minutes for half time. There is to be **NO** shooting at the baskets by players, coaches, officials, scorekeepers, or spectators during timeouts or breaks between quarters except half time.
13. Defenses- Zone or Person to Person defense can be used.
14. Fouls – Junior Division – Two foul shots for shooting fouls. Fouls will be kept, 5 fouls and the player is out of the game.
15. Pressing – No trap pressing is allowed. Players may be picked up at half court.
16. Lane Violations – Junior Division – 5 seconds
17. Free Throw – Junior Division – Short line, okay to go over the line.
18. Overtimes – Junior Division – **NONE**
19. Teams will have 10 seconds to get the ball over the half court line.
20. Games in the Junior Division, **when circumstances dictate**, will be played with a minimum of four players against four players.
21. Remember that **NO JEWELRY** will be permitted in games (earrings, necklaces, bracelets, etc.)
22. **\*\*If any team has 6 or more players, no ONE player can play the whole game**

Enjoy!